



# Urine Specimen Collection Kit Instructions

## International

### Pricing Update Effective October 16, 2017

#### Information for Urine Specimen Kit:

- Samples should be shipped as soon as possible.
- Refrigerate all samples until ready to ship.
- IGeneX, Inc. is closed on weekends and cannot receive samples.
- Test Requisition Form must be completely filled out, including all required signatures. Missing information may result in the delay of testing.
- Include prepayment (We accept Visa, MasterCard, Discover, American Express, Personal Checks, Money Orders).
- Once your payment has been processed, a Statement will be mailed to the patient to submit to insurance.
- If you have Medicare (Part B) coverage, include a copy of the front and back of your Medicare card and/or Primary Insurance card. (Refer to Payment and Billing Policies for details)

#### Urine Collection:

**\*\*\*\*\*Follow your physician's instructions for collection days and times\*\*\*\*\***

1. Collect first morning clean catch, mid-stream sample of urine in the collection cup provided.  
(Please refer to Instructions for Clean Catch on page 2)
2. Transfer urine into gray top BD Vacutainer tube (REF#364953):  
  
EACH DAY OF URINE COLLECTION REQUIRES TWO (2) TUBES
  - a. Carefully pull gray top off tube.
  - b. Place transfer pipette in the urine cup.
  - c. Squeeze top of transfer pipette to vacuum urine into pipette.
  - d. Pipette urine into the tube and fill tube past the minimum fill line indicated on the manufacturer's label.
  - e. Remove pipette from tube and place pipette back into the urine cup.
  - f. Place gray top back onto the tube.
  - g. Gently invert tube 8-10 time to mix preservative with the specimen.
  - h. Repeat steps a-g for second tube. Repeat for each day of collection.
3. **REQUIRED:** Label tubes with enclosed white labels: patient's first and last name, date of collection, patient's date of birth.  
Note: Two (2) tubes should have the same collection date.
4. Place labeled tubes into the foam tube holder(s).
5. Insert each foam tube holder into plastic bag with the enclosed absorbent sheet. Seal the plastic bag.
6. Place plastic bag(s) in the box and store in refrigerator until ready to ship.
7. Place Test Requisition and all other required paperwork inside the box.

#### Shipment of Specimen Kit:

1. Place Specimen Kit box inside the UN3373 FedEx Pak and seal the bag shut.
2. Fill out the sender information (Section 1) on the FedEx International Air Waybill.
3. **Complete Section 7 – Payment - for shipping costs. (IGeneX does not pay for international shipping, it is Sender's responsibility)**
4. Keep Sender's Copy for future reference.
5. Insert International Air Waybill, Commercial Invoice, and copy of CDC permit inside of the enclosed FedEx plastic pouch.
6. Place plastic pouch on the front of the UN3373 FedEx Pak.
7. Take the package to your nearest FedEx location. Visit <https://www.fedex.com>.



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### Instructions for Collecting a Clean Catch Urine Sample:

#### Instructions for Females

**\*Please note: If you are menstruating, replace used tampon with a fresh tampon before proceeding.**

1. Wash hands with antibacterial soap and warm water
2. Spread the labia (folds of skin) apart with one hand (Do not touch area as it is now considered sterile)
3. Wipe with the towelette provided
4. Continue holding the labia apart. As you start to urinate, allow a small amount of urine into the toilet. (This will eliminate any contaminants. AVOID contact with inside of urine collection cup)
5. After the urine stream is well established, urinate into the provided sterile cup until an adequate amount of urine fills the cup (maximum 60ml/ 2oz)
6. Remove collection cup from the urine stream and pass the remaining urine into the toilet
7. Transfer urine sample into gray top tubes (Please refer to Urine Collection Instructions step 2 through 6)

#### Instructions for Males

1. Wash hands with antibacterial soap and warm water
2. If uncircumcised, retract foreskin
3. Wipe the end of penis with towelette provided. As you start to urinate, allow a small amount of urine into the toilet. (This will eliminate any contaminants. AVOID contact with inside of urine collection cup)
4. After the urine stream is well established, urinate into the provided sterile cup until an adequate amount of urine fills the cup (maximum 60ml/ 2oz)
5. Remove collection cup from the urine stream and pass the remaining urine into the toilet
6. Transfer urine sample into gray top tubes (Please refer to Urine Collection Instructions step 2 through 6)

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<u>PANELS</u>	<u>Prepay Price</u>	<u>Specimen Requirement</u>
<b>LU1 *Lyme Urine Panel 1</b> ----- Test 805 - Lyme DOT BLOT (3 samples) Test 465 - PCR Panel for <i>B. burgdorferi</i> (3 samples pooled)	<b>\$468.00</b>	<b>6 Full Gray Top</b> (2 tubes per day)
<b><u>SINGLE TESTS</u></b>		
800 *Lyme DOT BLOT for antigen	\$ 85.00	2 Full Gray Top
802 *Lyme DOT BLOT: 2 Days – Samples	\$170.00	4 Full Gray Top (2 tubes per day)
805 *Lyme DOT BLOT: 3 Days – Samples	\$255.00	6 Full Gray Top (2 tubes per day)
450 Lyme Multiplex PCR ( <i>B. burgdorferi</i> ) – Urine	\$265.00	2 Full Gray Top
465 Lyme Multiplex PCR ( <i>B. burgdorferi</i> ) – Pooled Urine Samples	\$265.00	6 Full Gray Top (2 tubes per day)
559 *Relapsing Fever PCR – Urine	\$265.00	2 Full Gray Top
562 *Relapsing Fever PCR – Pooled Urine Samples	\$265.00	6 Full Gray Top (2 tubes per day)
<b><u>ADD ON TEST FOR PREVIOUSLY PERFORMED PANEL (within 30 days)</u></b>		
360 Lyme Multiplex PCR ( <i>B. burgdorferi</i> ) - Pooled Urine Samples	\$172.25	6 Full Gray Top (2 tubes per day)

**\*Test/Panel not yet available for New York Residents**